

Coalition for Inclusive Communities

Charting The Life Course April 2015 Mukilteo, Wa

Come and see and participate in a very high energy training. This workshop is for those interested in learning how to better prepare individuals with intellectual disabilities transition through their various life stages.

Dr. Sheli Reynolds is a very engaging speaker on the topic of life stages and how each of us play a role in preparing the individuals and families move through the various life stages.

She will discuss the importance supporting person and family centered outcomes, recognizing our areas of specialties as educators, residential providers, job coaches, case managers, parents and self-advocates and how all these roles play a part in preparing individuals with intellectual disabilities to transition through their life stages.

Dr. Sheli Reynolds is a dynamic national speaker from the University of Missouri. She will help us look at life stages, resources that are available and tools to help people move along their life path.

This is a free training sponsored by:

Snohomish County Developmental Disabilities,
State Developmental Disabilities Administration
The Arc of Snohomish County.



See page 2 for more information!

Upcoming Events 2015:

- *March 24: Snohomish County Transition Fair*
- *April 21 and 22: Charting the Life Course*
- *June 16-18th Statewide Community Summit*

Advisory Boards and Committees



The Arc of Snohomish County provides extensive leadership training to family members and self advocates throughout Snohomish County.

If you are interested in having trained leaders on your boards or committees contact:

The Arc of Snohomish County
425-258-2459
www.arc sno.org



Disability and Business Technical Assistance Center (DBTAC)

Provides free confidential phone consultation as well as onsite and webinar training regarding Americans with Disabilities Act (ADA) compliance.

425-248-2480 or 800-949-4232
www.dbtacnorthwest.org



Everett Film Festival



The Everett Film Festival featured the Film "FIXED" in February,

The film is about technologies available that have the potential to make us "better than human." This film portrays the varying opinions of individuals in the disability community and the ethical issues it creates.

Check it out at:
www.Fixedthemovie.com



Charting the Life Course

By Michelle "Sheli" Reynolds, Ph.D, Sibling

APRIL 21, 2015 9am to 4pm (Registration is at 8:30 am) [Register here!](#)

Overview & Tools for All Community Members

We will focus on learning about what is a “Life Course Framework” and sharing what roles we hold in our day to day lives to support individuals with intellectual and developmental disabilities. We will learn about new tools that can be used to create a person centered approach to a full life.

Target Audience: Self-advocates, families, DDA case managers, residential and vocational providers, early intervention and health care providers, family support centers, planners, teachers, recreation programs, state/county staff and general community. Are you a family member, self-advocate or professional who wants to assure that everyone has a **GOOD LIFE**, including individuals with disabilities and special health care needs? Join other family leaders and professionals as they learn more about supporting individuals and families through partnerships with community members, agencies and organizations.

Learning Objectives:

- Gain an understanding of the history of the disability service system and its effect on the current services/supports available.
- Highlight the significant role families play in their members with disabilities lives across the lifespan.
- Introduce the life course framework as a foundation for working with individuals with disabilities and their families.
- Provide “real life” examples and strategies that can be used to impact the trajectory towards a “good life”.

Closing: At the end of the day attendees will provide feedback on what they would like to see happen on an individual, agency and system level. This feedback will be used on the 2nd day by local leaders to process and develop next steps.

Day 2 : A select small group of individuals in leadership roles from our local community,
who also attended on Day 1, will review recommendations from participants and develop action steps, collaborate and build on efforts to support families! [This requires a separate registration! Register Here](#)

APRIL 22, 2015 8:30 am to 12pm— Making it Happen

Target Audience: Leaders who are in a position to make decisions such as self advocates in leadership roles, parent leaders, administrators and program mangers of early intervention/early learning, health care agencies, residential agencies, employment programs, special education directors, educators, DDA supervisors and case managers, commu-

Where: Rosehill Community Center,
304 Lincoln Ave, Mukilteo, WA
98275

**Parking is free but limited,
Carpooling is encouraged**

*Continuing ed for long term care workers
Clock Hrs: Day 1-\$17 (6hrs) Day 2 -\$12*

Michelle "Sheli" Reynolds Ph.D, Sibling

Dr. Reynolds' passion, knowledge, and experience come from growing up as a sibling of a brother with developmental disabilities. Her work focuses on the transformation of state systems and focuses on person- and family-centered outcomes

[Click on link for a preview:](#)



Sponsored by: Washington State Developmental Disabilities Administration;
Snohomish County Developmental Disabilities and The Arc of Snohomish County.

Space is ADA accessible-Request accommodations by March 31st - Questions contact Tamra Bradford 425-388-7320
[Link to registration at www.snohomishcountywawa.gov/dd](http://www.snohomishcountywawa.gov/dd)



DVD's and Videos

Check out our website for some great links at [Snohomish County Developmental Disabilities website](#)

Dan Habib's TEDx Talk on Disabling Segregation



Check out Dan Habib's latest TED Talk on Disabling Segregation. Dan speaks from the heart and the benefits of inclusion, [Check it out here](#)

Al Condiluci

Social Capital and the Power of Relationships

Al Condiluci shares the importance of building social capital and the power of relationships. Al has been an advocate, a catalyst for building community capacities, and leader in understanding social culture since 1970.

[Check out the link](#) to TED Talk



Jameson Lending Library

The Arc of Snohomish County has a wide range of resource materials available to check out. This includes books, movies, training curriculums and more. www.arc sno.org 425-258-2459 Here are a few examples:

I'm Tyler (12 minutes)
Tyler is a typical high school student who happens to have cerebral palsy. He has taken on a mission to educate the world about Ability Awareness. He believes that what a person, any person, CAN do is much more important than what he/she can't. <http://imtyler.org>

Wretches and Jabbers
Two men with autism embark on a global quest to change attitudes about disability and challenges
<http://www.wretchesandjabberers.org/>

Right to Risk

8 individuals with significant disabilities take a 15 day whitewater rafting trip down 225 miles of the Colorado River-
<http://www.righttorisk.org/righttorisk/>



Including Samuel

"Including Samuel" examines the educational and social inclusion of youth with disabilities. The film features five families with varied inclusion experiences and interviews with dozens of teachers, young people, parents and disability rights experts.
www.includingsamuel.com

A Friend Indeed:

The Bill Sackter Story (90 minutes)
2008

The true story of Bill who was institutionalized for 44 years before moving into the community and becoming an international hero. Trailer:
<http://www.billsackter.com>



Where is Molly?

A story about a brother whose sister was taken away from home when she was 3 years old. Their reunion will warm your heart and give you hope for the future.
<http://www.wheresmolly.net>

Kids Included Together -KIT Training available

The following classes are 2 hours in length and are interactive and informative. We have several KIT trainers in Snohomish County. If you are interested in sponsoring or attending a KIT Training email ddinfo@snoco.org or call 425-388-7320 Classes include:

Introduction to Inclusion This training provides an overview of inclusion, including the history of support for individuals with disabilities (medical model vs. empowerment model). You will learn about Person-first language and the philosophy and benefits of inclusion. This training is generally presented as a first of a four part series.

Respectful Accommodations Making your program accessible to individuals with disabilities will require creative and responsive accommodations. The Americans with Disabilities Act (ADA) addressed the necessity of making accommodations for individuals with disabilities so they may participate in community programs. This workshop provides an overview of the philosophy of inclusion and insight into what constitutes a "respectful accommodation." Specific examples of accommodations for individuals with various disabilities are included.

Positive Behavior Support Positive Behavior addresses the fact that all individuals display some type of behavioral challenge. However some individuals have a more difficult time managing their behavior; often this may be related to the disability they have. The workshop will focus on how to prevent negative behaviors before they occur and how to create environments that offer positive behavior support to individuals with behavioral challenges.

Sproutflix

The only distributor of films specifically and exclusively related to the field of intellectual and developmental disabilities. Offers streams, downloads, DVDs and playlists to be purchased and licensed for institutional use. Here are a few films to get you started. Type in the title in the search engine. www.sproutflix.org

Beautiful (17 minutes) *Two people with disabilities navigate through the challenges they're faced with when their relationship is displayed in public. A short film about love and acceptance.*

Be My Brother (8 min) *A young man's charm and charisma challenges the prejudices of a stranger at a bus stop.*



Sensory Friendly Performance

Want to see a relaxed performance that is sensory friendly?

There will be special performance of Goodnight Moon as part of Seattle Children's Theatre's mission to provide all children access to professional theatre. This performance will provide children with sensory needs, and their families, an opportunity to attend a performance modified to meet those needs.

When: Saturday, April 4th at 5:30pm

Tickets may be purchased through the box office by calling 206.441.3322.
<http://www.sct.org/Shows/Special-Events/RelaxedPerformances>

The Arc of Snohomish County
2015 Recreation Guide

Now available at www.arc sno.org



Save the Date
Community Summit
June 16 to 18th

A statewide annual conference that focus on building stronger and more inclusive communities. Includes national and local speakers. More information will be available in March at: www.communitysummit.ws

Snohomish County 18th Annual Transition Fair March 24th– Everett

4:00pm – 8:30pm at Cascade High School, Everett



This is a great opportunity to meet over 60 community agencies and attend a variety of free workshops that will help you get connected to your community and take the steps necessary to increase your independence. This is a FREE event. Information available at: www.snohomishcounty.wa.gov/dd